

# Ladies Probus Club of Valentine Bulletin August 2024

Website: ajcnsw.com/lpcov

President – Joy Tromans 0434 940 926; Secretary – Libby Dingle 0407 283 748; Treasurer – Olwyn Gore 0407 060 149; Outings – Bev Gardner 0401 033 040

### July proved to be a social month with a good number of members enjoying:

- Maxine's Morning Tea at the Sixteens. If you couldn't attend in July why not mark the date in your diary and come along in August. And then,
- ♣ Bev's planned trip to Destiny Haven at Clarence Town which proved a great success. The thirty five members who boarded the coach in cold and windy conditions, certainly enjoyed their morning tea at Raymond Terrace beside the river; a hot cuppa and cake really hit the spot! Thank you Margaret and Pauline for organising this.

#### DESTINY HAVEN – EMPOWERING WOMEN TO SHINE

After a great roast dinner and delicious dessert we heard about the work of Destiny Haven and how the organisation was founded by Janine Epere and her husband. Catering for women who have suffered from traumas caused by abuse, addictions and self-harm, the professional staff provides individualised programs to equip vulnerable women with the tools they need to live productive and fulfilling lives. A truly inspirational story of overcoming great adversity.

# On a sadder note we remember:

Lyn Taylor who has been a member of our Probus Club since 2000. Sadly, Lyn passed away on 3<sup>rd</sup> August, 2024 after a courageous cancer battle – remaining positive and defiant throughout the whole ordeal. Lyn was a loyal friend and her bright personality, caring nature, numerous travel stories, organizing ability and love of life, will be missed by us all.

# A couple of requests to members:

This is a gentle reminder that **membership fees** at Valentine Bowling Club are due. Also, if you have paid your membership fee, please make sure that you have also informed Yvonne Lynch of this.

Secondly, there is a vacancy on the Probus Committee for an **Assistant Treasurer**. This role is mainly to be a back-up for the Treasurer and is not an onerous one. If you are interested in joining the committee in that role, please chat to Joy Tromans at the next meeting.

We would like to acknowledge and thank Pat Conroy and his staff for their assistance in printing this Bulletin. It is much appreciated.

#### WHAT'S HAPPENING THIS MONTH AND NEXT?



To our ladies who celebrate their birthdays in August -Karlene Armstrong, Gail Caldwell, Robyn Condie, Elizabeth Conlan, Maxine Dunning, Anne Gleeson, Cecily Harbourne, Jennifer Laybutt, Glenda Morgan, Sandra O'Connor, Sue Steel.

The long awaited trip to Sydney to enjoy "Sister Act" at the Capitol Theatre, is on Wednesday, 14<sup>th</sup> August. Margaret will be distributing

tickets and explaining arrangements at our meeting next Monday. Those attending need to be at the bus stop in Belmont by 8.15 for departure at 8.30. Margaret will contact anyone who cannot attend this next meeting.

Thursday, 22<sup>nd</sup> August is the date for Maxine's next Morning Tea at the 16's. Everyone is welcome to chat over a cup of tea or coffee while maybe enjoying a pastry as well!

On Monday, 16<sup>th</sup> September, Bev has organised a bus trip to the **Koala Sanctuary** at Port Stephens. This promises to be a great day out! There will be a stop for Devonshire Tea at Birubi Beach before arriving at the Sanctuary. The cost of \$65 per person includes the bus, morning tea and entrance to the Sanctuary. Lunch will be at own expense. Payment in full must be received by **Friday**, **16**<sup>th</sup> **August**.

**Are you interested in a cruise?** See Bev about a 10 night Carnival cruise leaving Sydney bound for N.Z. It leaves on Monday, 25<sup>th</sup> November visiting Wellington, Lyttelton, Dunedin and the fjord. Inside cabin - \$1229; Outside cabin - \$1589; Balcony - \$2169. Sounds like pretty good value. Bev needs to know on Monday, at our meeting if you are interested.

Bank details: BSB: 650 000; Account No. 961312505; Ref: your name, reason for deposit (e.g. fees)

# **Meetings:**

**Monday, 12<sup>th</sup> August** at 10.00 for a 10.30 start. A dietitian/ nutritionist Laura Otton, will be our guest speaker.

**Monday, 9<sup>th</sup> September** at 10.00 for a 10.30 start. We will welcome naturalist, Teresa Purnell, as our guest speaker.

**Monday, 14**<sup>th</sup> **October** at 10.00 for a 10.30 start. Our guest speaker this month will be Claudia Tolhurst from the Hunter Melanoma Foundation.

**Committee Meeting dates** are: Monday, 2<sup>nd</sup> September at 1.00 pm.

Monday, 30<sup>th</sup> September at 1.00 pm Monday 4<sup>th</sup> November at 1.00 pm.